

ST MATTHEWS	Date 23 rd Feb, 16 th Mar, 6 th Apr, 27 th Apr, 18 th May 8 th Jun, 29 th Jun, 20 th Jul WEEK 1	Date 2 nd Mar, 23 rd Mar, 13 th Apr, 4 th May, 25 th May 15 th Jun, 6 th Jul, 27 th Jul WEEK 2	Date 9 th Mar, 30 th Mar, 20 th Apr, 11 th May 1 st Jun, 22 nd Jun, 13 th July WEEK 3
MONDAY	Turkey mince pasta bolognaise (GL) Vegetarian Noodle stir fry (GL,EG,SO) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches- Egg (GL,SO, EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Ice cream (MI) or Fresh Fruit	Loaded Mac 'n' Cheese (GL,MI) BBQ vegetable burrito (GL,SO) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Ice cream (MI) or Fresh Fruit	Chicken hot dog with wedges (GL,SO,SE,SU) Vegan hot dog with wedges (GL,SO,SE) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Ice cream (MI) or Fresh Fruit
TUESDAY	Mild chicken curry with Steamed Rice Vegan meatballs with tomato sauce & rice (so) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Apple crumble & custard (GL) or Fresh Fruit	Turkey Lasagne (GL,EG,MI) Vegetable cottage pie (GL,SO) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Fruity flapjack (GL) or Fresh Fruit	Lemon & herb turkey jollof rice (SU) Handmade Margherita Pizza with garden salad (GL,MI) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Fruity shortbread (GL) or Fresh Fruit
WEDNESDAY	Roast Chicken with Potatoes & Gravy (SU) Squash & spinach plait with potatoes & gravy (GL,SU) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Vegan fruit jelly or Fresh Fruit	Chicken Sausage with Mash & Gravy (GL,SU) Vegan Sausage with Mash & Gravy (SO) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Oat & banana biscuit (GL) or Fresh Fruit	Roast Turkey with Potatoes & Gravy (SU) Sweet potato and mushroom loaf with Potatoes & gravy (GL,MI,SU) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Vegan Fruit Jelly or Fresh Fruit
THURSDAY	Chicken meatball & tomato pasta (GL) Handmade Margherita Pizza with vegetable sticks (GL,MI) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Marble Cake (GL) or Fresh Fruit	Fillet of salmon (FI) with new potatoes & pantry sauce Handmade Margherita Pizza with corn ribs GL,MI)* Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Vegan Fruit Jelly or Fresh Fruit	Chicken & sweetcorn wrap (GL,SO,MI) Squash & sweet potato dahl with naan bread & rice Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Ham (GL,SO), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Iced sprinkle sponge (GL) or Fresh Fruit
FRIDAY	Breaded Fishfingers with Chips (GL,FI) Vegetable fingers with chips (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Apple & raisin biscuit (GL) or Fresh Fruit	Breaded fillet of fish with Chips (GL,FI)* Vegetable fingers with chips (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Chocolate brownie (GL) or Fresh Fruit	Breaded fishfingers with Chips (GL,FI) Vegetable fingers with chips (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,MI,SO) or Tuna (GL,SO,FI) Soft baked chocolate cookie (GL) or Fresh Fruit

VEGETABLES, SALAD, BREAD, AVAILABLE DAILY

BREAD CONTAINS – GL – MI – EG – SO

ALLERGY KEY
 CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / MILK - MI
 MOLLUSCS - MD / MUSTARD - MU / NUTS - NU / PEANUTS - PE /SESAME SEEDS - SE SOYA - SO / SULPHUR - SU

The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.

