

28TH AUG-18TH SEPT-9TH OCT-30TH OCT-27TH NOV-18TH DEC-8TH JAN-29TH JAN

WEEK 1

PRIMARY

SCHOOL

MENU

ST MATTHEWS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
Choice

Lamb Pasta Bolognaise
(GL)

Chicken & Peppers Pizza
with Garlic Bread
(GL-MI-SO)

Roast Chicken with Diced
Roast Potatoes & Gravy

Hot Chicken & Cheese
Panini
(GL-MI-SO-MU-SE)

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN
Choice

Mac & Cheese
(GL-MI-MU)

Margherita Pizza
with Garlic Bread
(GL-MI-SO)

Shepherdess Pie
(GL)

Hot Cheese Panini
(GL-MI-SO-MU-SE)

Vegan Sausage with
Chips & Tomato Sauce
(SO)

**JACKET
POTATO**

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

SANDWICH

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt
(MI)

Chocolate Cake
(GL-EG)

Oaty Cookie
(GL)

Fruit Jelly

Dessert Selection
(GL-EG-MI)



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BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY
CELERY - CE / GLUTEN - GL /
CRUSTACEANS - CR / EGGS - EG /
FISH - FI / LUPIN - LU / MILK - MI
MOLLUSCS - MO / MUSTARD - MU /
NUTS - NU / PEANUTS - PE /
SESAME SEEDS - SE SOYA - SO /
SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



ST MATTHEWS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT

Choice

Chicken Thigh with Mash & Gravy (GL-SU)

Chicken & Sweetcorn Pizza with Garlic Bread (GL-MI-SO)

Roast Turkey with Diced Roast Potatoes & Gravy

Chicken Curry with Rice

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN

Choice

Quorn Sausage & Mash (GL-EG-MI)

Margherita Pizza with Garlic Bread (GL-MI-SO)

Vegetable & Potato Pie with Gravy

Vegetable Curry with Rice

Vegetable Chilli with Chips (SO-GL)

JACKET POTATO

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Salmon (MI-FI)

SANDWICH

Egg, Cheese & Tuna (GL-SO-MI-FI-EG)

Egg, Cheese & Tuna (GL-SO-MI-FI-EG)

Egg, Cheese & Tuna (GL-SO-MI-FI-EG)

Egg, Cheese & Tuna (GL-SO-MI-FI-EG)

Egg, Cheese & Tuna (GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt (MI)

Sprinkle Sponge Cake (GL-EG)

Apple Flapjack (GL)

Fruit Jelly

Dessert Selection (GL-EG-MI)



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FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



ST MATTHEWS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT

Choice

Cajun Chicken Burger
with Corn on the Cob
(GL-MU-SE)

Chicken & Mushroom
Pizza with Garlic Bread
(GL-MI-SO)

Roast Chicken with Diced
Roast Potatoes & Gravy

Turkey Lasagne with
Garlic Bread
(MI-GL-EG-SO)

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN

Choice

Vegetable Bean Burger
with Corn on the Cob
(GL-SE)

Margherita Pizza
with Garlic Bread
(GL-MI-SO)

Vegan Sausage with Diced
Roast Potatoes & Gravy
(SO)

Veggie Lasagne with
Garlic Bread
(MI-GL-EG-SO)

Vegan Nuggets
with Chips
(GL)

JACKET
POTATO

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

SANDWICH

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese & Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt
(MI)

Apple Cake
(GL-EG)

Chocolate Cookie
(GL)

Fruit Jelly

Dessert Selection
(GL-EG-MI)

BREAD CONTAINS - GL - MI - EG - SO

ALLERGY KEY

CELERY - CE / GLUTEN - GL /
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NUTS - NU / PEANUTS - PE /
SESAME SEEDS - SE SOYA - SO /
SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



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