

# Friday News

No. 27 - 25th April 2025



## St Matthew's CE Primary School

*Forward through Friendship and Faith*

### Executive Head teacher:

Mr C Cole

### Headteacher:

Mrs L Maher

**Email:** [stmatthews@fraysacademytrust.org](mailto:stmatthews@fraysacademytrust.org)

**Telephone:** 01895 442724

### Website:

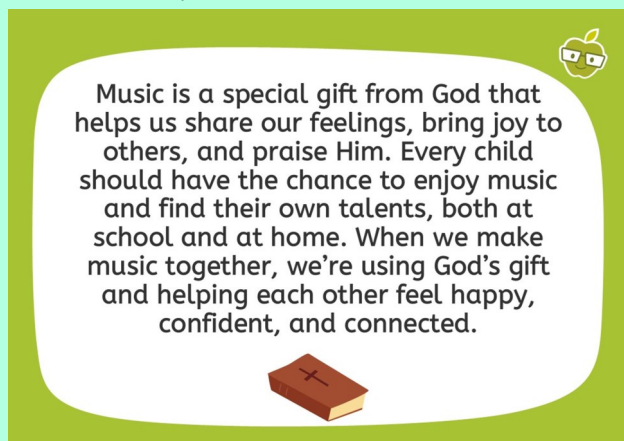
<http://www.st-matthews.hillingdon.sch.uk/>

### Facebook:

St Matthew's School Yiewsley

### SHARE OUR PRAYERS

This week in worship we have been thinking about Justice as well as the importance of music in our lives.



Music is a special gift from God that helps us share our feelings, bring joy to others, and praise Him. Every child should have the chance to enjoy music and find their own talents, both at school and at home. When we make music together, we're using God's gift and helping each other feel happy, confident, and connected.



*Dear God, Thank You for the gift of music and the joy it brings.*

*Help us to be fair and caring, ensuring everyone has the chance to learn and share their talents.*

*May our creativity reflect Your love and bring people together,  
Amen*

### COFFEE MORNINGS - ALL WELCOME

We'd love to see as many families as possible at 9am on Thursday 1st May for a coffee morning! The theme will be mental health and wellbeing, with a fun craft for you to complete with your child.

You will also be able to meet Mrs Thackeray, our Family Support worker and Mahveen Alam (Educational Mental health practitioner with CAMHS NHS) to help you gain a better understanding of the support on offer in school.

We are another coffee morning on 8th May, where we will focus on challenges parents may face with their children when trying to set routines including mealtime and sleep issues.

### APRIL

Monday 28th Healthy Relationships workshops for Year 6

### MAY

Thursday 1st 9am Coffee morning for all parents (see poster)  
5JP visiting Gurwara, Southall

Friday 2nd Ark Farm visiting school for Nursery, Reception & Year 1 pupils  
Book Club children visiting Brunel University

Monday 5th May Day (Bank Holiday) - school closed

Wednesday 7th PSD Inclusion Football tournament

Thursday 8th 9am Coffee morning for all parents  
Year 4 visiting Hampton Court

W/c Monday 12th SATs week for Year 6 pupils

Monday 19th 5NT visiting Gurdwara, Southall

Tuesday 20th Coram Education running workshops for Year 5 & Year 6 parents. Details to follow

Thursday 22nd Year 3 class visiting St Paul's Cathedral

Friday 23rd Year 3 class visiting St Paul's Cathedral

Monday 26th - Friday 30th Half term week

### JUNE

Monday 3rd 3MG visiting British Museum

Thursday 5th Dance festival at St Martin's School (Years 4, 5 & 6)

Thursday 5th & Friday 6th Class group and Year 6 Leavers' photos

Tuesday 10th 3AH visiting British Museum

Thursday 12th 4.30pm Drama group performing 'Matilda' in St Matthew's Church

## OUR SCHOOL RULES

**Kind Words, Kind Hands,  
Kind Actions**

## OUR SCHOOL VALUES

**Friendship, Trust, Compassion,  
Forgiveness, Gratitude**

It's time for

**Speak**  
LIKE A NATIVE

# French

**Years 1-4**  
**Mondays**  
**After school club**

**free passport on signup**

[Click to book](#)

Get 2 FREE Activity Packs and a course language content break-down with your booking.

Payment plans available.  
[Click here](#) for a FREE activity for your child.  
[Click here](#) to learn about our teaching method.  
[Click here](#) to join our online webinar.  
[Click here](#) to apply to work for us.

Call us on  
**0208 506 6050**

[speaklikeanative.com](http://speaklikeanative.com)  
help@speaklikeanative.com

**NHS**  
Central and North West London  
NHS Foundation Trust

## Healthy routine and boundaries workshop

Thursday 8th May  
9am

**Topics discussed include:**

- Improving routines with your child
- Eating and Sleeping habits
- Setting boundaries
- Attending to your child's needs
- Managing challenges in routines

With Mahveen and Fiona - Educational Mental Health Practitioners

## Instagram Parent / Carer Advice

### What is Instagram?

Instagram is a social media platform which focuses on the creation and sharing of images, providing users with a range of filters and special effects popular among younger users.

Despite requiring users to be 13 or older, a study in January 2017 indicated that 43% of 8-11 year olds in Britain are using Instagram.

### 13

### Safety Tips

- As with all Internet activity, talk to your child about how they use Instagram, the importance of not 'oversharing', and any issues they have faced.
- It is safest to change the default privacy settings in your child's account from public to private. If your child is older and you agree for them to have a public account, you should discuss strategies for coping with negative feedback and for blocking users. You should also monitor messages they receive.
- Given Instagram's reported impact on young people's mental health, keep an eye out for early warning signs of such issues with your child. Seek professional support or consult online services such as Shout at the earliest point of concern.
- Regularly spring-clean your child's Instagram account with them by removing any posts and images you agree are inappropriate and blocking any concerning contacts. If you have any concerns that somebody might be trying to groom your child you should immediately contact CEOP.

### Reasons for concern

- Privacy settings**  
A key concern regarding children's use of Instagram is the fact that the default privacy setting for accounts is 'public'. As such, unless a child actively alters their privacy settings, all of the pictures they post to Instagram will be available to anybody. This could result in their images being seen by inappropriate individuals and might lead to receiving unwanted communication.
- Follower lists**  
In a world where celebrity success is measured by numbers of social media followers, it is understandable that children might want to grow their own list of followers. A child's non-private account can quickly grow with followers, some of whom might not have entirely innocent motives.
- Terms and conditions**  
Instagram's 5,000-word terms and conditions states that users agree that Instagram can use and sell their self images for others to use (without paying or further consent). Instagram also retains the right to store, use and share the personal information and direct messages of their users.
- Grooming**  
In 2019 the NSPCC reported that Instagram was involved in more online grooming cases than any other online platform. Where the police recorded the method of communication, Instagram was used in 32% of cases, in contrast to Facebook at 23% and Snapchat at 14%.
- Mental health issues**  
A report by the Royal Society for Public Health found that Instagram rated as the worst social media platform when it comes to its impact on young people's mental health. Being image-centred the RSPH claimed that Instagram (along with Snapchat) appears to be driving feelings of inadequacy and anxiety in young people.

**SA**  
Online Safety Alliance

[www.onlinesafetyalliance.org](http://www.onlinesafetyalliance.org)  
Online safety education for school staff, pupils and parents

© Online Safety Alliance, 2020

## St Matthews Church Youth Band

High Street Viewsley UB7 7QH

**ALL WELCOME - Yr6 & ABOVE**  
Under Yr6 to be accompanied by adult  
- Free to Attend -

**MAY 25 REHEARSAL 4 ALL AGE 12pm**

**JUN 29 REHEARSAL 4 ALL AGE 12pm**

**JUL 4 & 18 SHOW TIME AT IGNITE 4TH PRACTICE - 18TH SHOW 6.45pm - 8.30 pm**

**NO EXPERIENCE NECESSARY**  
come along & see

[info.st.matthews.youthviewsley@gmail.com](mailto:info.st.matthews.youthviewsley@gmail.com)

# YEAR 2—GREAT FIRE OF LONDON!

What a fantastic day all of our Year 2 pupils had today, learning about the Great Fire of London. Not only did they make soap and bread, learned about archaeology, did leatherworking, weaving, made clay tokens and scent bags to ward off the plague, they made their own ink to write to the King!

We would like to say a huge ‘thank you’ to all the parent volunteers who gave up their time today and to help with the Year 5 Victorian Day yesterday. The children thoroughly enjoyed their historical workshops!



**CLASS OF THE WEEK**

Well done to class XXXX who win 'Class of the Week' with XXX positive behaviour points. 3AH were very close behind with 649 points.

**SCHOOL ATTENDANCE**

A reminder to all parents that the school does not authorise holiday during school time. We ask that parents call the school office before 8.45am if your child will be absent for any reason. Whole school attendance from the start of the academic year is 94.2%. For the week beginning Tuesday 22nd April, whole school attendance was 93.7%. Our school target is 96%.

**BREAKFAST CLUB**

We are offering free breakfast club from 8:15am to all families (Reception - Year 6), with free breakfast food included.

We are serving fruit, yoghurts, toast and cereal, with a non-dairy milk as an alternative.

We will still be opening our doors at 7.45am for those families who need earlier childcare but please note that there will be a charge of £1 per day via Parent Pay, which goes towards staffing costs. You can still order food via The Pantry but at 8.15, your child will be able to have free breakfast anyway.

You will not need to pre-book for either Breakfast Club.

**THIS WEEK'S ATTENDANCE FOR EARLY YEARS**

CLASS	NURS	RTN	RCB
ATTENDANCE %	92.9%	94.4%	93.8%

**THIS WEEK'S ATTENDANCE FOR LOWER SCHOOL**

CLASS	1LD	1SF	2EM	2JB	3AH	3MG
ATTENDANCE	95.6	87.8	98.7	96.3	94.8	93.3

**THIS WEEK'S ATTENDANCE FOR UPPER SCHOOL**

CLASS	4JM	4LZ	5NT	5JP	6ES	6MN
ATTENDANCE	92.8	96.7	91.1	89.9	95.5	92.9



**challenge  
Mr Small  
Mr Nelson  
& Revd Urmila**

Can you learn the books of the Bible during the Easter holidays?

After Easter Mr Small, Mr Nelson & Revd Urmila will compete during a school worship to see if you can be faster than them!

maybe you can surprise them and name the books backwards or in alphabetical order?



**Childhood Asthma  
FREE Online Workshops**

CONTACT THE TEAM TO RESERVE YOUR PLACE

01895 543 437

nhsnwl.myhealth@nhs.net

Scan the code to contact the team and register your interest



**What's Included In The Workshop ?**

What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A
---	--------------------	--------------	-----------------	--------------	-----

SESSIONS FACILITATED BY AN ASTHMA NURSE