



PSHCE Curriculum at St Matthew's

St. Matthew's follows the SCARF PSHCE curriculum. The unit themes are consistent throughout each year, and pupil's knowledge about each topic is expanded and their understanding deepened as they move through the school.

Autumn 1 - Me and My Relationships

- This unit includes a focus on feelings, emotions, conflict resolution and friendships

Autumn 2 - Valuing Difference

- This unit includes a focus on British Values

Spring 1 - Keeping Myself Safe

- This unit includes aspects of relationships education, safe internet use and drugs education

Spring 2 - Rights and Responsibilities

- This unit includes understanding of money, living in the wider world and caring for our environment
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Summer 1 - Being My Best

- This unit includes keeping healthy, developing a growth mindset, goal setting and achievement

Summer 2 - Growing and Changing

- This unit includes Relationships and Sex Education

By using the SCARF plans we ensure we are complying with the new DfE guidelines regarding the PSHCE curriculum. Click [here](#) to see how the half-termly units meet the new requirements for PSHCE.